

Washington State guidance for fitness facilities and healthcare facilities are different, so our Covid-19 policies will differ for Pilates clients and physical therapy clients. Pilates clients who are fully vaccinated (i.e. 2 weeks past your final vaccination dose) are not required to wear a mask, although they may choose to. Pilates clients who are not vaccinated must wear a mask while in the clinic/studio. Our physical therapists and all physical therapy clients must wear masks in accordance with the Order of the WA State Secretary of Health on June 29, 2021.

Ongoing Covid-19 prevention:

- All team members are fully vaccinated.
- Clients wash hands before and after treatment.
- Clients and employees stay home if they are ill. If mostly recovered, but still have mild coughing or congestion, they must wear a mask in the clinic.
- Cleaning of all surfaces between treatments with Protex.
- Use of air filters that clean the air in our treatment rooms and small studio spaces 5x/hour down to .3 microns.
- Urging all community members to get vaccinated.
- Continue to update policies based on guidance from the CDC and local government.

Please contact Elizabeth Rogers directly with any questions or concerns. She is available via clinic phone (206-535-7356) and email (elizabeth@elizabethrogerspt.com).